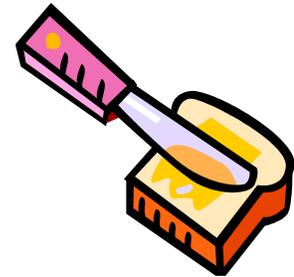




Sandwich Spread

Ingredients:

*Country Sunrise Vegetable Hot Dog Mix**
Water



Preparation:

1. Prepare *Country Sunrise Vegetable Hot Dog Mix* with $\frac{1}{2}$ -1 teaspoon more water than usually called for. The mixture consistency should be typical of a liverwurst spread. Great on low protein bread spread with butter or salad dressing, and a little mustard.
2. Refrigerate what is not eaten.

Variations: Add *Miracle Whip***, pickle relish, or mustard directly into the spread.

Nutritional Information

Serving size	Phenylalanine, mg
Per 6-inch length of casing	
Sheep casing	1.0
Hog casing	3.6
Synthetic casing	5.5

* PKU Perspectives

** Kraft Foods